

European Solidarity Corps



Barcelos
Portugal



About the Organization

INTERCULTURAL ASSOCIATION FOR ALL

Intercultural Association For All (IAFA) is a non-profit organization. It is mostly constituted by young people, who decided to invest their intellectual and creative capital in the service of the community.

It has important national and international partnerships with public and private entities and also with companies. Its team work has a strong presence of local, graduated and with master's degrees volunteers, who usually participate on Erasmus+ programs. IAFA's staff know European mobility and volunteering programs and are used to deal with all of the practical aspects, so they are ready for this challenge.

Its mission is to actively contribute to unemployment decrease and to promote Europe as an opportunity.

IAFA's main goal is to support local development, in order to raise its patterns to European levels. Intends to mobilize its resources, knowledge and skills to job's creation, vocational and civic training, in order to create equal opportunities for all.

IAFA's main activity is to promote different European programs, in the cultural, social and mobility sphere, in order to contribute to a more cohesive knowledge and closer to the European Union's different countries' realities.

It seeks to promote intercultural cooperation among people, approaching themes as human rights, equal opportunities and entrepreneurship, making aware of a major collective voluntary solidarity need and social inclusion.

The main commitment is to promote European mobility to people with different training and business areas and to those who want to inspire and learn with other European organizations.

About the Project

EUROPEAN SOLIDARITY CORPS

It is intended to help in the creation of a more interconnected European environment, where all the volunteers can contribute in social, cultural and professional ways, in order to create, in the future, a more powerful EU and with better knowledge of each country's reality. Partners were chosen by its experience and collaboration, and by their participation on similar projects.

The volunteers will have contact with a new culture, will meet new people and will live new experiences. The volunteer will have the opportunity to participate on events' organization and in several activities promoted by IAFA. Being the voluntary from a different nationality, they can share their experience and culture giving projects added value in the European intercultural sphere.

Before the departure, each ESC volunteer must sign with the sending and host organizations a volunteering agreement. This agreement will set the tasks that the volunteer will perform during the ESC project, as well as the intended learning results. As part of the agreement, the volunteer will receive a ESC pack containing information about what to expect from ESC and how to use Youthpass, and it will also receive a certificate in the end of the action.

VOLUNTEERS ACTIVITIES

There are several activities for volunteers to participate. Besides regular activities, volunteers will work in the IAFA developing department. General activities that volunteers will perform:

- To participate in cultural and sports activities of inclusion proposed by IAFA, where less opportunities participants (physical, economic or social issues) will be invited to participate;
- To promote volunteering: by creating a blog, through social networks, press and conferences;
- To work with people with economic difficulties and/ or in a long lasting unemployment situation (more than one year);
- Elaboration and coordination of local and regional activities;

- To give local population the possibility of interact with volunteers in a foreign language;
- Creativity and development (according to volunteers' interests and skills);
- Participation in inclusion activities with the foreign inhabitants living in the county;
- Portuguese classes (only for long term volunteering).

ACCOMMODATION

The volunteering project will take place in Barcelos, Portugal. Barcelos, has all the conditions to embrace this project, which makes a pleasant location for the volunteers and benefits local population, who gains with the experience, activities and knowledge exchanges brought by volunteers.

Volunteers will be hosted in a private house/ apartment with two/three beds per room, located in Barcelos city center. Each volunteer will have house with all the facilities (fridge, washing machine, furniture, bedroom clothes, cutlery), ensuring a nice, safe and pleasant experience.

The safety of our volunteers and team members are of paramount priority for IAFA and we follow all rules and regulations issued by global and local government closely. Please carefully read below mentioned information about Covid-19 regulation and consult our staff regarding with your questions.

VOLUNTEERS PROFILE

This ESC is open to all young people between 18 - 30 years old. Volunteers will be selected in a fair, transparent and objective way, no matter their ethnicity, religion, sexual orientation or political opinion. The selection process will be done by sending organization with the cooperation of IAFA.

MEALS

We will provide a food allowance (120,00€)/monthly, covering also the holiday period, to the volunteer(s)*

*The amount is subject to change depending on agreement between partners. Please consult with your sending organization in order to learn exact allowance.

HOW TO REACH BARCELOS

From Porto airport (OPO - Aeroporto Francisco de Sá Carneiro):

- The best option is to take the Metro from the airport to Campanhã Metro Station (Line E)
Webpage: <https://en.metrodoporto.pt/>
- From Campanhã Metro Station (is the same place of the train station) you walk to Campanhã Train Station, and from there you can take train to Barcelos.
Webpage: <https://www.cp.pt/passageiros/en>

From Lisbon airport (LIS - Humberto Delgado Airport):

- The best option is to take the Metro from the airport to Oriente Metro Station.
Webpage: <https://www.metrolisboa.pt/en/>
- From Oriente Metro Station (is the same place of the train station) you walk to Oriente Train Station, and from there you can take train to Porto Campanhã Train Station.
Webpage: <https://www.cp.pt/passageiros/en>
- From Campanhã Train Station (in Porto) you can take train to Barcelos. Webpage:
<https://www.cp.pt/passageiros/en>

SAFE VOLUNTEERING AND HELPING OUT DURING COVID-19



As hosting organization, we made our best to rethink about our projects, local activities and accommodation in order to comply with the standards of new normal. Your volunteering experience is redesigned by considering Portuguese regulations and health / safety recommendations from European Union and World Health Organization.

Please read below mentioned regulations which is prepared for your maximum safety and comfort during your stay in Barcelos:

- IAFA use cleaning and disinfecting protocols to clean rooms after volunteers depart and before the next guest arrives, with particular attention paid to high-touch items. The volunteer will be welcomed in already cleaned and disinfected rooms.
- Hydroalcoholic gel at your disposal in various areas of the house and office where the activities mainly will take place.
- Each of our staff wears a mask, and has hydroalcoholic gel and disinfecting wipes available for their workspace.
- A line marked on the floor at the office ensures a social distance of 1m50. The activities will be planned by considering social distance.

- Display of information and recommendations in the house and office which is prepared in Portuguese, English and Turkish.
- Our office is working as pre-appointment only, all public visitors has to wear mask and gloves before entering to office.
- It's obligatory to wear mask during the activity and any visits to the office during your voluntary experience in order to create safe learning environment.
- It is mandatory the use of masks in all public transports and closed spaces, like shops or post mail, banks etc.

Note: Please also follow your sending organizations instructions and regulations in your own country before / during and after the mobility.

		
<p>Quando espirrar ou tossir, tape o nariz e a boca com lenço de papel ou com o antebraço</p>	<p>Lave frequentemente as mãos com água e sabão ou use solução à base de álcool</p>	<p>Evite contacto próximo com pessoas com infeção respiratória</p>
<p>When coughing or sneezing, cover your mouth and nose with tissue paper or with your forearm</p>	<p>Wash your hands frequently with soap and water or an alcohol-based solution</p>	<p>Avoid close contact with people suffering from respiratory infections</p>
<p>咳嗽或打喷嚏时，用纸巾或者手臂掩住嘴巴和鼻子</p>	<p>经常用肥皂水或含酒精的溶液洗手</p>	<p>避免与有呼吸道感染的患者密切接触</p>

NEW CORONAVIRUS 2019-nCoV	PROTECT YOURSELF AND OTHERS	新型冠状病毒 2019-nCoV				
<p>Welcome to Portugal. For your own protection, as well as everyone else's, please be alert, and if you develop these symptoms in the next 14 days:</p>			<p>欢迎来到葡萄牙。为您和他人的自身安全着想，若您在未来14天内出现以下症状，请抱持警惕：</p>			
	COUGH		<p>When sneezing or coughing, cover your nose and mouth with tissue or with the crook of your elbow. Throw the tissue in the bin.</p>		咳嗽	
	FEVER		发烧			
	DIFFICULTY IN BREATHING		<p>Frequently wash your hands with soap and water or use an alcohol-based solution</p>		呼吸困难	
PLEASE CALL	SNS 24 808 24 24 24		<p>Avoid close contact with people with respiratory infections</p>	请致电	SNS 24 808 24 24 24	
<p>AND REPORT YOUR RECENT TRIP AND WHETHER YOU CAME IN CONTACT WITH SOMEONE INFECTED. WE CAN HELP!</p>			<p>Thank you for helping us to help you</p>	<p>并报告你最近的出行记录和是否接触过受感染的人。我们可以帮助你！</p>		
						

CONTACT

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